

# 470

November 2010



the boat the world sails

# E-Times

*The official newsletter of the International 470 Class Association*

## Making a splash in Angola



**“Pay and Play”  
in Qatar**

**470 Development  
Programmes Support  
Over 40 Nations**

**470 Stars  
Aim High**



**18 Nations in Top 20 at 2010 Worlds ♦ Seeking Olympic Gold ♦ Great Greek Triumph**

## A message from the President



**D**ear Sailors, Coaches and Friends of the 470 Class.

We are completing another exciting and challenging year in the life of the International 470 Class and 2010 has been an important year in our strategic planning for the development and continued growth over the next 6 years, as we continue to focus and build on the unique assets of the 470 Class:

- **global spread around the world**
- **affordability and durability**
- **represents the widest possible participation base of sailing**
- **a wide range of physiques can sail the 470**
- **utilizes a broad range of sailing skills**
- **tests strategy and tactics more than any other Olympic Class**
- **transition pathway from youth in the 420 to senior in the 470**
- **well established at regional level and in regional games**

We are fortunate to enjoy a fantastic partnership with our sailors, coaches, national class associations, equipment manufacturers, sponsors and event organizers, who all invest enormous quantities of passion, professionalism, energy and skill to sailing and promoting the 470 Class.

The 470 Class has shown once again its global spread throughout 2010. At the 2010 Delta Lloyd 470 World Championships in Holland, **181 teams (119 men and 62 women)** representing 39 countries participated. The sailors at

the European Championships in Istanbul, Turkey and the combined 420 and 470 Junior European Championships in La Rochelle, France enjoyed a very high level of sailing and competitiveness that continues to grow in the 470 class. There are numerous junior teams who are moving up through the ranks and putting pressure on the older sailors, whilst equally the older sailors inspire and motivate these next generations of sailors.

The 2010 season-ending finale of the 470 Championship calendar, the 2010 470 Junior World Championships in Doha, Qatar, 16-22 December 2010 is set to be a very special Championship. Accessible to all with a **pay and play** philosophy, a strategically located event venue, with equality of competition and reduction of costs – all the sailors are looking forward to this new concept.

2010 represents a turning point in the implementation of our policy of development and support programs and clinics. The class has planned 9 clinics in 2010, 7 of them have already been held and another 2 are planned in key geographic regions in Asia and Africa. The International 470 and 420 Classes have collaborated to run two of these as joint clinics in Luanda, Angola and in Buenos Aires, Argentina. The International Solidarity Programme, the Olympic Solidarity Programme, the André Cornu Grants, the Junior Support Programme and the 420 Support Programme are all aiming to support young sailors from beginner to basic level, those starting out in their 470 sailing career, as well as sailors that are

already sailing at a high level in the 470 class. We have doubled the budget for development and support programmes and clinics in 2010 with further financial commitments and increases planned for 2011 and 2012.

Considerable effort has gone on improving the media attractiveness of the 470 Class and our own media activities. We have introduced sail stickers with national flag and names of crews and bow numbers – linked to the position of the latest ISAF world ranking. The International 470 Class is constantly working with professional sailing journalists, appointed as PR officers at the 470 events, as well as professional photographers and video teams and using tracking at all our events.

In March, the new 470 web site – [www.470.org](http://www.470.org) was launched. Featuring a vibrant design to reflect the “blue” environment in which we sail and the environmentally friendly “green” profile of sailing, the website has new content, significant layout updates and innovative functionality. The new web site also provides administration functionality to enable efficient management of the 470 class. The website continues to be work in progress and will further develop over 2011.

Throughout 2010, the 470 Class has made significant steps towards a growing and successful future. A lot has been done, but there is a lot more to come in 2010 and especially in 2011.

Fair Winds To All.

**Stanislav Kassarov**  
**President, 470 Internationale**

### International 470 Class Association

#### President:

Stanislav Kassarov (BUL)

#### Management Committee:

Nino Shmueli (ISR) – First Vice-President  
Kevin Burnham (USA)

Alain Corcuff (FRA)  
Dimitris Dimou (GRE)  
Iulia Negoescu Fulicea (ROU)  
Fernanda Sesto (ARG)  
Martin Steiger (SUI)

**Class Manager:**  
Luissa Smith (GBR)

### Contact Details:

**Email:** [office@470.org](mailto:office@470.org)

**Web:** [www.470.org](http://www.470.org)



[www.facebook.com/pages/470-Olympic-Sailing/194919699300](https://www.facebook.com/pages/470-Olympic-Sailing/194919699300)



[www.twitter.com/470Sailing](https://www.twitter.com/470Sailing)

### Sharing the 470 Passion With Our Partners





# Making a Splash

**T**aking place for ten days in early October, the International 470 and 420 Classes collaborated to run a joint Coaching Clinic in Luanda, Angola.

The clinic focused on both training the trainers and coaching the sailors. With 6 coaches and 60 sailors participating, the clinic has made a significant impact. A joint clinic between the Clube Naval de Luanda and Clube Náutico da Ilha de Luanda, the host venue was provided by Clube Naval de Luanda.

This joint 470 and 420 Clinic has been planned for over a year, with the 470 and 420 Classes covering the costs of the coach, Pedro Rodrigues (POR), and the host club providing the onsite facilities and equipment. It forms part of a strategy by the Clube Naval de Luanda and Clube Náutico da Ilha de Luanda to develop a pathway towards Olympic competition for Angola, which already has a well-developed Optimist Class. The two clubs have made a major investment, between them purchasing twenty 420s and ten 470s.

With the 2011 African Games coming up next September in Maputo, Mozambique and the 420 and 470 hoping to be announced as two of the classes being using in the sailing competition, the clinic has provided a big push in Angola's preparation.

Each club held a **boat baptism** and presentation of the boats to the members of the club, with a big party and lots of speeches of encouragement to the sailors, club directors and sponsors.

Clube Náutico da Ilha de Luanda held its boat baptism at the same time as the first official event for both classes, sponsored by Volvo.

Sport is extremely important for youngsters in Angola – and their primary motivation is to represent their country in international events. National flags on their bodies is very important – and sports associations know this.

Delighted that the clinic had become reality after months of planning, Stanislav Kassarov, 470 Class President, commented, "This first clinic is focused on skills development in the 470 and 420 and I hope will open up many opportunities for sailing in Angola. The value of educating coaches can never be underestimated and in time hopefully it will impact very positively on the growth of sailing in Angola. This joint clinic is part of our new project **Sail 470 Africa** aimed at the development of the 470 Class and 470 sailors among the African nations."

Nino Shumeli, 420 Class President, continued, "This clinic is a critical step in delivering a sailing pathway for Angola. Angola has Optimist dinghies, and the next step was to bring them international class two-person boats that also link in to the Olympic pathway. We are looking forward to seeing the Angolan sailors enjoy the 470 and 420 and welcoming them at international events in the coming years."

The first job for Pedro and his young protégés was to unpack and assemble the twenty 420s and ten 470s – a long job but a great introduction to the classes.

The week long clinic comprised a mixture of on-water practice, supported by shoreside and classroom theory, with daily briefings and video debriefings. Technical documentation and teaching materials were also provided by the classes.

The participants came from local sailing clubs and ranged in ability and age – from 15-25 years old. For most, the clinic was their first experience of sailing in the 470 and 420, but by the end of the clinic Pedro had inspired a group of able and enthusiastic young sailors. Luanda Bay offers a great sailing arena and the Clinic concluded with a Regatta for all, with Jose Augusto Junca, President of the Angolan Sailing Federation leading the congratulations and awarding prizes at the closing ceremony.

After this first clinic, there will be further follow up and support to ensure the ongoing development of 470 and 420 sailing in Angola. Looking ahead, the 470 and 420 are also working with equipment manufacturers to ensure that the equipment is accessible and provided by manufacturers at the best possible prices.

**The value of educating coaches can never be underestimated and in time hopefully it will impact very positively on the growth of sailing in Angola**

## Dynamic

"I love the 470. It's a very well-rounded class. The knowledge you need to be successful – you need everything – the tactical element, the technical side and the technique is all challenging. It's a boat that incorporates every aspect of dinghy racing."



**Sport is extremely important for youngsters in Angola – and their primary motivation is to represent their country in international events**







The outcome is 9 training clinics in 9 countries which by the end of 2010 are set to have benefited over 300 sailors from more than 40 nations



# 2010 Development Programmes

**H**aving doubled the budget for the 2010 470 Development Programme, the outcome is 9 training clinics in 9 countries which by the end of 2010 are set to have benefited over 300 sailors from more than 40 nations – an outstanding result.

## Around The World

With clinics yet to be held at the end of 2010/early 2011 in South Africa and Asia, there is more still to happen.

## The Outcome

The 470 Class has recruited the world's top coaches to deliver our training programmes around the world. Our focus has been a mix of training for those at the start of their 470 careers through to pre-Championship race training to give that last minute expertise to teams who have travelled around the world to compete at 470 Championships.

### **SLOVENIA** 20 sailors from 6 nations

The first clinic of 2010 was held immediately before the Izola Spring Cup and hosted 10 crews – 3 women and 7 men – from Eastern Europe. All crews were juniors, around 16-17 years old – the next generation of 470 sailors. One of the most effective elements of this four-day clinic was training with a sailing partner, as the instructor assigned all the teams into pairs to train together.

### **NETHERLANDS** 72 sailors from 17 nations

Competitors heading for the first 470 Championship of 2010 benefited from the first Racing Clinic – a new experience for

many of the athletes who travelled from around the world to The Hague. Benefiting from the experience of this first clinic, many of the crews joined the 470 class at the subsequent Championship clinics.

### **FRANCE** 24 sailors from 9 nations

For the youngest 470 sailors, those aged 21 and under, the clinic preceded the 470 Junior European Championships and provided a unique opportunity for some pre-Championship training and coaching. Eight short races were sailed within the 3 days, with a focus each day on different skills, including start practice with short and long lines and different wind angles, speed tests in different positions and more. Twice daily shore briefings took place to share knowledge, together with daily video reviews, and the meteorology briefings.

### **TURKEY** 78 sailors from 12 nations

Named the Warm-Up Cup the objective was to run training races immediately prior to the 2010 European Championships in the Championships race course areas. With on water coaching and debriefing each day, the sailors really benefited from the opportunity and coaching expertise.

### **ANGOLA** 50 sailors from Angola

What an outcome – following the safe arrival of ten 470s and twenty 420s, purchased as a result of significant investment by two of the leading sailing clubs in Luanda, world class coach Pedro Rodrigues

(POR) was on site to start the training clinic – read the full story on page 3.

### **ARGENTINA** 70 sailors from 8 nations

Taking place as this newsletter went to print, the joint 470 and 420 Training Clinic in Argentina has exploded in terms of participation – with more than 60 sailors from 8 nations. Taking place on the non-racing days of La Semana de Buenos Aires, the clinic is being combined with a 420 Clinic. Morning briefings have been followed by boat preparation before heading out on the water for boat speed and technique practice, with practice races wrapping up the onwater training, before ashore for a debrief.

### **QATAR** 10 nations expected

A fantastic sailing venue in an accessible geographic location, the Clinic is set to focus on attracting sailors from Africa, the Middle East and Asia. This Racing Clinic will take place immediately prior to the 2010 470 Junior World Championships using provided boats. 470 coach Andreas will focus on boat preparation and tuning, manoeuvre techniques, basic rules, starts, strategy and tactics amongst a full programme of race training.

**Dynamic**  
"I love the 470. It's a very well-rounded class. The knowledge you need to be successful – you need everything – the tactical element, the technical side and the technique is all challenging. It's a boat that incorporates every aspect of dinghy racing."

## Olympic Solidarity Programme

**BUDGET: EUR5000**

Is our top level programme, targeted to support sailors that are already sailing at a high level but due to financial reasons have problems sustaining their campaign. We offer financial support to go to our biggest event of the year, the 470 World Championship. Applications were received from 15 nations and financial awards were made to:

<b>Argentina:</b>	Roberto BISI/ Santiago MASSERONI
<b>Chile:</b>	Aurelia ZULUETA/ Josefina ELUCHANS
<b>Cyprus:</b>	Nicolas LOFTIS/Louis CHRISTODOULOU
<b>Czech Republic:</b>	Ondrej BOBEK/ Pavel BOBEK
<b>Greece:</b>	Andreas BAKASIAS/ Alexandros BAKASIAS
<b>Greece:</b>	Antonios TSIMPOUKELIS/ George KARONIS
<b>Hungary:</b>	Tamas SZAMODY/ Mihaly BARDOS
<b>Ireland:</b>	Barry MCCARTIN/ Thomas CHAIX
<b>New Zealand:</b>	Sarah BERRY/ Emma BERRY

## International Solidarity Programme

**BUDGET: EUR6000**

Offers equipment support (sails and spinnakers supported by Olympic Sails) and free entry fees to one of the 470 Class Championships. The programme is aimed at 470 sailors who are starting out on their career and are aspiring to compete at 470 Championships. 26 entries from 16 countries were received and financial awards were made to:

<b>Hungary:</b>	Reka VIGH/Kinga SZABO
<b>Hungary:</b>	Tamas VIGH Mate KOVAC
<b>Ireland:</b>	Rob LEHANE/Iarlaith KENNEDY
<b>Hong Kong:</b>	Hok YAN LEUNG/Cfi HAN YAU
<b>Hong Kong:</b>	Isamu SAKAI BIDDELL/ Michael John HALKES
<b>Brasil:</b>	Thomas SUMMER/ Felipe BRITO
<b>Canada:</b>	Fraser MCMILLAN/Erik VAN DER POL
<b>Canada:</b>	Jen BRAEM/Erin FLANAGAN
<b>Estonia:</b>	Martin KAAL/Martin LEEDO
<b>Ukraine:</b>	Anna KYSELOVA/Liubov CHUNICHOVSKA

## SAILS WERE GIVEN TO SAILORS FROM:

Brazil	Latvia	Lithuania
Macedonia	Portugal	Uruguay

## André Cornu Grant

**BUDGET: EUR4000**

Recipients of the André Cornu Grant, awarded to the boys' and girls' two-person dinghy gold medallists from the 2009 ISAF Youth Sailing World Championships, were also presented with financial awards towards competing at a 470 Championships:

**Brazil:** Martine Soffiatti GRAEL

**Great Britain:** Philip SPARKS

The André Cornu Grant also awards up to EUR1000 per crew to the top placed boys and girls teams at the 470 Junior Europeans, who also competed at the preceding Volvo Youth Sailing ISAF World Championships in the 420 class. Awards were made to:

**Netherlands:** Dirk BENNEN

**Netherlands:** Rosita BAKKER

## 420 Support Programme

**BUDGET: EUR1200**

Because we want the best sailors to sail the 470, and supporting the natural transition from the 420 to the 470 we have decided to extend our support by offering free entry fees to the top three girls and boys teams at the 2010 420 World Championships to one of the 470 Junior Championships organized in 2011.

## Junior Support Programme

**BUDGET: EUR2700**

A EUR900 award to each of the two youngest girls' crews and one youngest boys' crew (combined age of skipper and crew) competing in the 470 Junior World Championships.

To be awarded at the 2010 470 Junior World Championships, Doha, Qatar.



# Calms and Storms in The Hague



**Physical**  
"There is no doubt that you must be in good physical condition to race a 470 competitively. Whether you are driving and hiking or trapping and hanging on a wire, you must be in good physical shape to do both. You will not be sitting around on the 470."

**30** knot winds to near calms, brilliant sunshine to driving rain, combined with a fierce spring tide, made for one of the most challenging 470 World Championships on record for competitors when racing took place off the Hague, the Netherlands, from 12-18 July.

The Delta Lloyd 470 World Championship featured 119 men and 62 women entries, with competitor ages ranging from 42 year old Pakistani Xerxes Avari to Australian Carrie Smith, aged 15. 39 countries were present from four continents, with strong entries from Canada, China, Japan, Brazil, and Argentina, but also sailors from emerging sailing nations such as India and Pakistan. Germany fielded the biggest entry with 16 boats followed by Greece and Skandia Team GBR with 12 each, many of the nations using the 470 World Championships as a challenging warm-up for their 21 and under squads prior to the Junior Europeans taking place in La Rochelle in August.

The opening day began in flat calm yet ended with several boats in the fleet being flattened as a 30 knot squall passed through: no racing and some boat work to be done overnight. Three races were held for the men on Tuesday and two for the women. Early leaders after this were Beijing gold medallist Malcolm



Page and Matt Belcher from Australia who posted three bullets, while the American 2008 World Champions Erin Maxwell and Isabelle Kinsolving scored a similar perfect scoreline in the Women's class.

Day three and conditions came good with three races held in both classes in winds getting up to 18 knots. Belcher and Page continued to hang on to the lead but British double World Champions Nic Asher and Elliot Willis and the ISAF ranked world no1 Swedes, Anton Dahlberg and Sebastian Östling, were closing on them. In the women's class Maxwell and Kinsolving failed to repeat their results from day one allowing New Zealand's former Beijing Laser Radial representative Jo Aleh with crew Olivia Powrie into the lead ahead of Italian European champions Giulia Conti and Giovanna Micol.

Day four proved to be the longest day of the regatta and it wasn't until 1900 that racing could be started, before the wind shut down after only one race in the women's fleet. For the two days of finals racing, competitors were faced with the liveliest conditions they had encountered with the winds generally in the 20-25 knot range with stronger gusts, providing for exhilarating high speeds and surfing downwind.

In these blustery winds, on the Friday the local Dutch favourites, defending World



Champions Lisa Westerhof and Lobke Berkhout, came into their own winning all three races, launching them into the overall lead ahead of Jo Aleh and Olivia Powrie. The home team also excelled in the Men's division where Sven and Calle Coster posted a 2-1-5, shooting them up the leaderboard from 11 to 3 behind the Australians and the young British team of Luke Patience and Stuart Bithell.

The last day of finals racing in the men's fleet saw the Australians remain in charge and with a win in the final race their 20 point advantage going in the medal race was unassailable: they were declared the 2010 470 World Champions. But behind them the fight was on for the final podium positions with six boats in the running. There had been equal drama in the Women's fleet when in the penultimate finals race several of the key competitors were disqualified, over early on a black flag start. This did not affect the New Zealand leaders Aleh/Powrie nor Westerhof/Berkhout, however it put third placed Giulia Conti and Giovanna Micol out of the running for gold. With one point separating the two leaders, the Medal race was going to be fraught among the women.

Medal race day dawned with summery conditions, clear blue skies, sun and a fine 12 knot southerly, ideal to view the heat of the action with the race course positioned close to shore.

The men's medal race took place first. Defending World Champions from Croatia, Sime Fantela and Igor Marenic took an early lead but France's Beijing bronze medallist Nicolas Charbonnier, sailing with Baptiste Meyer Dieu, pulled ahead on the first run and from there was never threatened. With the Championship in the bag for the

Australians, the final podium spots went to the French duo and the Croatians.

For Malcolm Page this was his fourth 470 World title win, while it was Matt Belcher's first after they teamed up post-Beijing. "World championships are never easy to win and you normally have to fight for them in the medal race. We were very fortunate enough not to be in that situation today. This is my fourth World Championship win in a 470 and every one of them has been hard," commented a delighted Page.

With 9 nations in the final men's top 10 at the 2010 Worlds – the global spread is clearly demonstrated.

In the Women's class the fight for Gold was on. The Dutch took the lead on the first run with the New Zealanders mid-fleet. Aleh and Powrie recovered on the second beat, but the Dutch covered. Eventually the Dutch were overtaken by France's world no1 Ingrid Petitjean and Nadège Douroux and third placed Italians Conti and Micol, but the Dutch still had four boats between them and the New Zealanders – victory was theirs.

While this was the second consecutive 470 World Championship win for the Dutch as a team, the moment was particularly significant for Berkhout as this was her fifth World Championship win following her three previously with Marcelien de Koning. Berkhout's record now exceeds the four wins of Greece's Sofia Bekatorou and Emilia Tsoulfa.

"Winning a title in our own country in home waters was definitely something extra," said an ecstatic Berkhout.

Nine nations from 4 continents – South America, Asia, Oceania and Europe – made an appearance in the women's top 10 – a great outcome.

Source: Andy Rice

## WORLDS RESULTS

MEN			WOMEN		
Pos	Nation	Crew	Pos	Nation	Crew
1	AUS	Mathew BELCHER/Malcolm PAGE	1	NED	Lisa WESTERHOF/Lobke BERKHOUT
2	FRA	Nicolas CHARBONNIER/Baptiste MEYER	2	NZL	Jo ALEH/Olivia POWRIE
3	CRO	Sime FANTELA/Igor MARENIC	3	ITA	Giulia CONTI/Giovanna MICOL
4	GBR	Nic ASHER/Elliot WILLIS	4	FRA	Ingrid PETITJEAN/Nadège DOUROUX
5	GRE	Panagiotis MANTIS/Pavlos KAGIALIS	5	GBR	Sarah AYTON/Saskia CLARK
6	NED	Sven COSTER/Kalle COSTER	6	JPN	Ai KONDO/Wakako TABATA
7	POR	Alvaro MARINHO/Miguel NUNES	7	BRA	Martine SOFFIATTI/GRAEL/Isabel SWAN
8	GBR	Luke PATIENCE/Stuart BITHELL	8	GBR	Penny CLARK/Katrina HUGES
9	ITA	Gabrio ZANDONÀ/Pietro ZUCCHETTI	9	ARG	Fernanda SESTO/Consuelo MONSEGUR
10	ISR	Gideon KLIGER/Eran SELA	10	ESP	Tara PACHECO/Berta BETANZOS







## Qatar Hosts Junior Worlds

**T**he 2010 470 Junior World Championships is an event accessible to all with a **pay and play** philosophy, a strategically located event venue, equality of competition and reduction of costs through supplied equipment.

Qatar was selected as the venue because it offers great sailing and also its geographic location makes it an extremely accessible venue with a particular appeal for competitors coming from Africa, the Middle East and Asia.

With supplied 470s, all boats will be exactly the same with no changes permitted to the equipment – so when the sailors get in their allocated boats they can be assured of a completely **level playing field**. Only the sailors' skill and sailing ability will secure their performance on the race course. Forty 470 dinghies are being provided by Sport Sails Centre in Poland, with sails provided by Olimpic in Italy. Boat rotation will be implemented across the fleets, which is likely to see the girls' sailing as a single fleet and two fleets for the boys/mixed teams.

Open to entries from sailors under the age of 22 years before 31 December 2010, the 470 Junior World Championships is set to attract a broad range of entries from around the world. A boost for those on the early stages of their 470 racing career will be the 470 Training Clinic which will take place immediately before the Junior Worlds to provide key race training led by world class coach Andreas Kosmatopoulos (GRE).

The scheduled race programme covers 6 days, with a qualifying and final series consisting of up to 10 races before the Medal Race for the top ten and final fleet races for the other teams. A range of activities are planned ashore for those not racing,

although race spectating is also likely to be a popular option with the proximity of the race course to the shore.

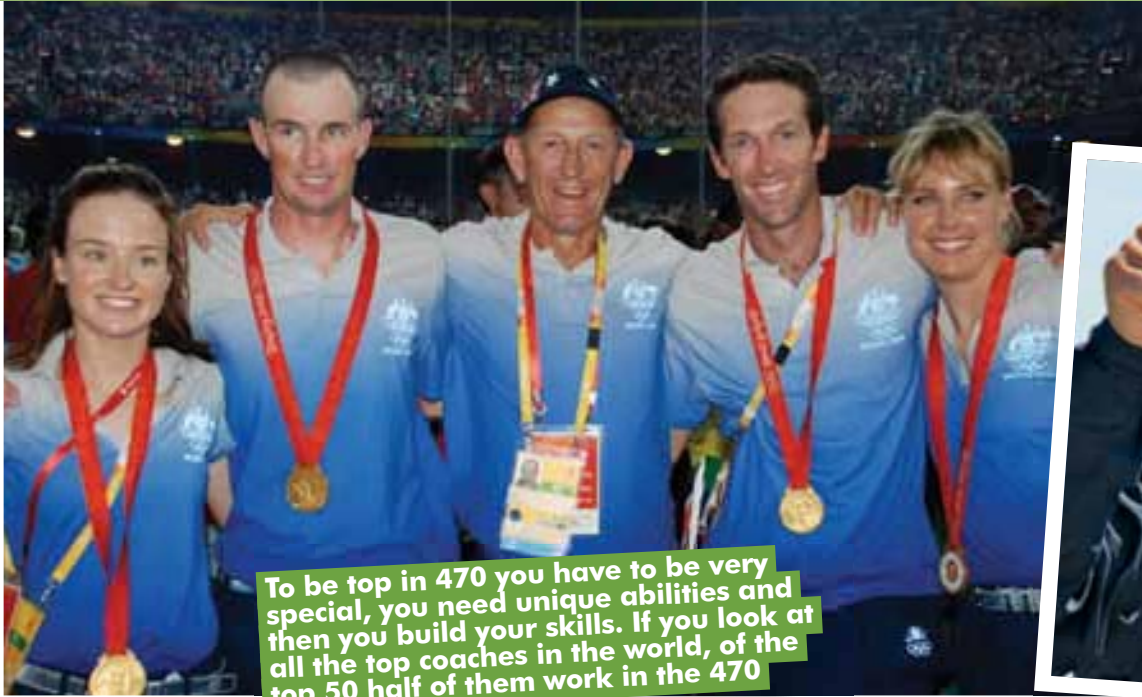
Commenting on the forthcoming 470 Junior World Championships, Stanislav Kassarov, President of the International 470 Class said, "The selection of Doha, Qatar as the venue for the 2010 470 Junior World Championships represents a continuation of our approach to showcase the very best of junior 470 sailing in different regions around the world. Doha has demonstrated its ability to successfully host world class sailing events and the 470 Class is proud to be adding to that success. We are very excited by the opportunities the **pay and play** approach gives to increase the accessibility of 470 sailing, and we are also confident that we will attract new nations to continue to expand our strong base of active 470 sailing in more than 60 nations around the world."

Racing on clear blue waters in what are expected to be perfect sailing conditions at that time of year, the Championships presents all the ingredients for a unique and very successful Championships.

A single entry fee of EUR2330 per team covers the 470 charter, accommodation, full board food, social events, local transport and of course full use of the club facilities; so all the sailors need to do is book their plane and arrive. The Organizing Committee is planning a varied cultural and excursion programme to introduce the sailors from around the world to the delights of Qatar and provide time for sailors to socialise together. Preferential accommodation rates are also being provided for coaches, team leaders, support teams, and parents. Qatar Airways are sponsoring the event with discounted flights for all participants and team supporters.



**Exhilarating**  
"The 470 is an exhilarating ride. It will plane upwind in 10-11 knots of wind, get reaching with just the rudder in the water in 20 knots and blast you into the atmosphere in over 25 knots!"



To be top in 470 you have to be very special, you need unique abilities and then you build your skills. If you look at all the top coaches in the world, of the top 50 half of them work in the 470



# Sixtieth Celebrations

One of the world's most renowned sailing coaches, Victor Kovalenko, celebrated his 60th birthday on 5 August – the 470 Class together with The Daily Sail pay tribute.

One of the not so secret weapons behind the success of the Australian Olympic team is their Ukrainian born Head Coach, Victor Kovalenko. In true Aussie tabloid style Kovalenko has been dubbed 'the medal maker' thanks to his impressive record.

Since Seoul in 1988, he has contributed to five Gold medals and three Bronze, twice scoring 'double gold' with the Australian team – in Sydney with Tom King and Mark Turnbull and Jenny Armstrong and Belinda Stowell and in Beijing with Nathan Wilmot/Malcolm Page and Elise Rechichi/Tessa Parkinson. These successes were preceded by a 1996 Olympic gold-medal winning performance from Yevhen Bratslavets and Ihor Matvienko (UKR) in the 470 men, and a bronze for Ruslana Taran and Elena Pakholchik (UKR) in the 470 women.

There are probably other coaches out there with a medal tally approaching his score, but in the circles he operates Kovalenko is considered something of a guru, more than a mere coach. Certainly you perceive this when you meet him – he has an endearing sparkle and a modesty that instantly warms you to him, but also has the piercing insight of a top psychologist and, one suspects, the ability to probe alarmingly deep into your soul.

According to American Morgan Reeser, who coaches the British 470 squad, and has observed him since 1985 when Kovalenko

was coaching the Soviet Union team, Kovalenko is unique in that he trained from the outset as a coach. "To be honest it probably wouldn't matter if he was a sailing coach or a track coach. He has a very good mental style for sailors. Some sailors like Nathan Wilmot took years to finally buy into Victor's system."

Heralding from Dnipropetrovsk, Kovalenko as a sailor competed as a crew in the Flying Dutchman and also the 470, and was set to go the Olympic Games in Los Angeles as part of the Soviet Union team until Soviet Union chose to boycott it. But this incident galvanised his move from sailor to coach.

So what was it like being part of the Soviet team? "It was a unique environment. It was a university in sport because East Germany and the Soviet Union they had such strong sports histories and they had a high education in sport," states Kovalenko.

"It was the life university, because when we were sailing and I was in the national team, Valentyn Mankin was sailing and a lot of other legends and I was learning from them, their spirit and their attitude and their knowledge," reminisces Kovalenko.

"Sport at that time was very important and very political. It was the fighting between the two systems – capitalism and communism. And the communists always were trying to show their power. That is why the Soviet Union was winning all the time at all the Olympic Games with 50-60 gold medals."

Following his success with the Ukrainian team in Savannah, he accepted an offer from the Australia Yachting Federation and

moved to Australia in October 1997. "The first time I went to Australia was in 1991 for the 470 World Championship in Brisbane," recounts Kovalenko.

"It was a fantastic time. I was really impressed by the country – unique conditions for sailing, but most of all by the people: friendly, open, easy."

The 470 is the hardest Olympic sailing medal to win? Oh yes. This is a university of sailing. If you are good in the 470, you are good in all classes

Following his team's double 470 gold at the Sydney Games, Kovalenko was appointed Head Coach, but his speciality remains the 470, a class he ardently defends. "To be top in 470 you have to be very special, you need unique abilities and then you build your skills. If you look at all the top coaches in the world, of the top 50 half of them work in the 470. The boat is perfect, but the family, the people, the coaches, the athletes, they are so brilliant. In the Finn maybe three are good. In the Laser maybe eight of them are good. In the Star a lot of them are stars, but not all of them are good. In the 470 to be good, if you are top 15 in the world, you are almost an Olympic medallist."

The 470 is the hardest Olympic sailing medal to win? "Oh yes. This is a university of sailing. If you are good in the 470, you are good in all classes."

This article is reproduced with kind permission of [www.thedailysail.com](http://www.thedailysail.com)





Greece has a long tradition of sailing and supporting the 470, evidenced strongly this year with a national record of sending 13 teams to the 470 Worlds



#### Career Sailing

"First and foremost is the intrigue into setting the boat up to race. Regardless of your personal size in weight and height, the 470 allows everyone to be competitive in all conditions because of its versatility in being able to adjust and balance the rig to your physical stature. Next is the competitive nature of the sailors that race the 470. Former 470 sailors are abound in the America's Cup and big boat races around the world."

Teams from ten different nations are in the world's top 10 in the women's 470



# Greek Team Achieves Personal Best

After their outstanding win at the 470 European Championships, Panagiotis Mantis and Paul Kagialis (GRE) were rewarded again with a personal best ranking accolade as they secured the world #3 position in the 470 Men on the ISAF World Sailing Rankings which were released on 22 September 2010.

#### 470 Men

Holding firm as the world's #1 are the Aussie golden boys, Mat Belcher and Malcolm Page, who secured their number one position after their win at the 2010 470 World Championships, which was followed up with victory at the 2009-2010 ISAF Sailing World Cup. Belcher and Page were the only team across the Olympic events to win the ISAF World Cup with an event to spare. It has definitely been an Aussie year to remember.

Thirteen different nations feature in the world's top 20, representing four continents, a clear picture of the depth of women's 470 sailing around the world

Also retaining their position as the world's #2 are Gideon Kliger and Eran Sela (ISR). The team have secured top ten finishes at all the events they have contested this year, including a silver medal double of a second place at the 470 World Championships and the 470 European Championships.

The newly crowned world #3 helm, Panagiotis Mantis first entered the ISAF Sailing World Rankings back in October 2001, and after a year mixing it up in the world's top 20, has put in some excellent

performances this year with crew Kagialis to make the break into the top three. The pair won the 2010 470 European Championships and took a fifth at the 2010 470 World Championships, alongside top 20 finishes at each of the ISAF World Cup Events they have contested, including a fourth at Kieler Woche and seventh at Miami OCR. It is not surprising to see Panagiotis delivering at this level, as his pedigree includes being a two-time 470 Junior World Champion.

Greece has a long tradition of sailing and supporting the 470, evidenced strongly this year with a national record of sending 13 teams to the 470 Worlds, with a combination of young talent and more experienced crews, demonstrating the strength of the current and future sailors.

Following the Greeks up the pecking order are the young British team of Luke Patience and Stuart Bithell who have also had a phenomenal year, and find themselves ranked #4 in the world. Their massive improvement in form started at the 2009 470 Worlds with a silver and from there they

have just climbed up the fleet to secure top positions and move up the world rankings.

Teams from ten different nations are in the world's top 10. Eleven new teams made their way onto the World Rankings from Bulgaria, Greece, Italy, Malaysia, Romania, Turkey and the Ukraine for a total of 305 teams.

#### 470 Women

Ingrid Petitjean and Nadege Douroux's (FRA) dominance is really starting to be challenged, particularly by their team-mates

Emmanuelle Rol and Helene DeFrance, recently crowned 2010 470 European Champions, who have moved up to #2 in the rankings, whilst Giulia Conti and Giovanna Micoli (ITA) move down to #3.

Other French teams are also making a move, with Camille Lecointre and Mathilde Geron achieving a world ranking personal best as they climb up to #4 in the world, from eleventh after their fourth place at the 470 Europeans.

Also moving up are Denmark's Henriette Koch and Lene Sommer, who so nearly had the European Championship in their hands during the early part of the race series and improve to #5. This is another young pair who have really made an impression at the front of the 470 fleet over the past year. They broke into the world's top 10 a year ago, and have remained solid in the top 50% of that group, achieved through top 10 finishes at 6 of the 9 ranked events they have contested in 2010.

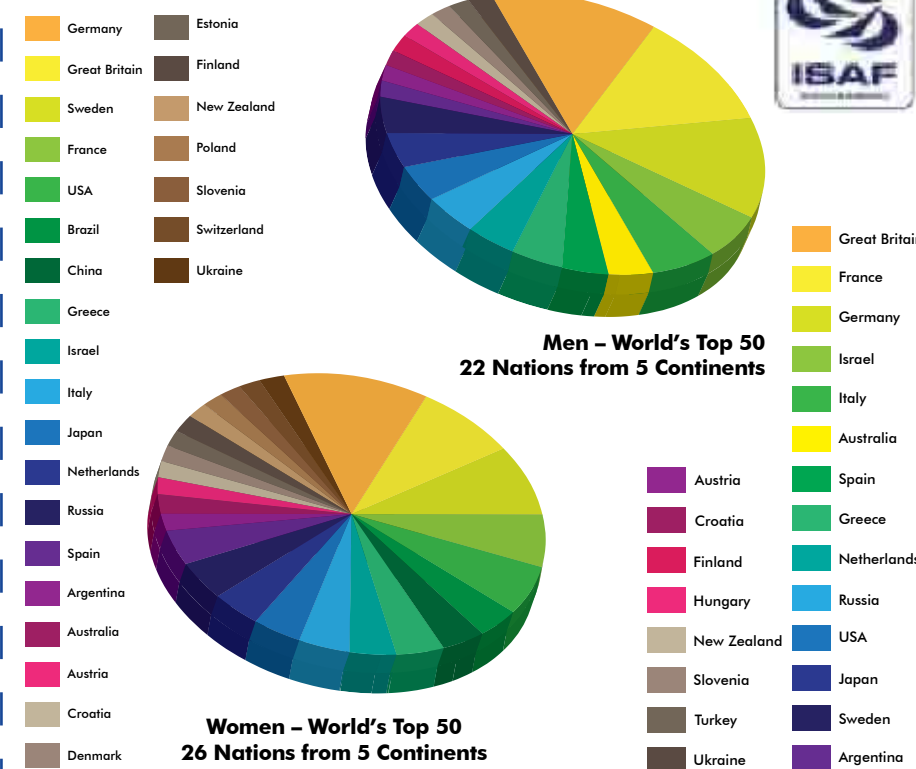
Russia, who support a significant team of 470 sailors, will be pleased with the drive up the rankings achieved by Vlada Iliencko and Elena Khryukina, up 20 places to #47 in the world – a personal best – driven by some consistent results at events this year, including a seventeenth at the 470 Europeans.

Thirteen different nations feature in the world's top 20, representing four continents, a clear picture of the depth of women's 470 sailing around the world. Three new teams, from Greece and the Ukraine, join the world rankings for a total of 139 women's teams.

The next release of the ISAF Sailing World Rankings is on 15 December 2010.

More: [www.sailing.org/rankings](http://www.sailing.org/rankings)

#### The 470 Women has highest number of nations in the world's top 50 than any other Olympic Class.



#### 470 MASTER'S CUP

The 2010 470 Masters' Cup, 25-30 July, Lake Biscarosse, France, was a low scoring regatta with some remarkable scorelines.

With 56 entries and 9 competing nations, this year's Cup was certainly a hotly anticipated event: **APPRENTICE MASTERS**: the helm is at least 30 years old, with the total crew age greater than 60

**MASTERS**: the helm is at least 35 years old, with total crew age greater than 70

**GRANDMASTERS**: the helm is at least 50 years old, with total crew age greater than 100

**APPRENTICE MASTERS** – attracting 8 entries of male, female and mixed crews, it was the all female team of Inga Runge/Sabrina Jöckel (GER) who took victory with an impressive scoreline of mainly top 5 positions. Finishing a mere 2 points behind to take silver were Morgan Guillou/Mathieu Therouanne (FRA), with Frank Neuroth/Jung (GER) in third.

**MASTERS** – the gold and silver medals went all the way down to the last race. Defending Champions, Bernard Boime/Gilles Espinasse (FRA) against the 2009 bronze medallists Jörg Saeger/Andreas Gluschke (GER) fought a tough battle, and between them claimed 8 of the 10 race wins. As most often in sailing, it was not the race wins that awarded victory, but consistency, which went to Bomie/Espinasse whose race scoreline, excluding the discard, was all top four places. Finishing two points behind were Saeger/Gluschke who despite winning more races also clocked up a non-discardable sixth place to claim silver. Taking the bronze were Krisof Doffing/Jan Kaminski (GER).

**GRAND-MASTERS** – The 20-boat grand-masters fleet saw a domination by the defending Champions, Gilles Chapelin/Frank Barthe, who claimed an outstanding 7 race victories in the 10 race series. A slightly closer battle took place between silver and bronze, but as with the other fleets it was again a French – German battle for the top places, although with only 2 points in it. Silver went to Robert Maurel/Gerard Daugey (FRA) with Karlo Schmiedel/Stefan Oetken (GER) taking the bronze.



# Turkish Delight for Greece and France



**W**ith the great mosques of Istanbul providing the most dramatic of backdrops, the outcome of the 2010 Open

470 European Championships remained in the balance until the final leg of the men's Medal Race.

Thirty-one women's teams from 17 nations and fifty-four men's teams from 20 nations took the long road to Istanbul, the ancient city situated on the Bosphorus Strait, the narrow stretch of water where Europe and Asia meet.

Just five points separated the top six men's 470 teams going into the Medal Race, and it was going to take an outstanding performance to secure gold. The Greeks were greeted with their favourite conditions – strong and gusty winds – and Panagiotis Mantis and Pavlos Kagialis took up the early running just ahead of Israel, represented by Gideon Kliger and Eran Sela.

Israel seized the advantage a short way into the three-lap windward/leeward course, although with the wind shifting wildly from side to side, no lead was every secure. On the final leg the Greeks pounced on a couple of small tactical errors by Israel and Mantis and Kagialis powered across the finish line just seconds ahead of Kliger and Sela.

Mantis explained his strategy after losing the early lead: "I focused on staying close, we got the lucky gust, and we moved to the front again." Kliger, twice the runner-up in past European Championships, said he was "happy and disappointed" to have won a third silver in his long 470 career. "Gold was in my hands, so I'm a little bit disappointed,

*but I missed the layline at the last windward mark and gybed too late compared with the Greeks, we didn't stay enough between him and the finish."*

The British team – Luke Patience and Stuart Bithell – had gone out with the gold spot on their mainsail, signifying them as the series leaders, but found themselves languishing at the back after a bad start and facing the prospect of coming away with nothing. "But we kept our heads cool and just chipped away," said Patience, whose climb to 5th place gave them the bronze medal. "We would like to have won but we're still happy to come away with a medal."

The women's leaderboard may not have been as tight as the men's, although there was still plenty of drama and uncertainty on the race course. While the Danes had fallen out of medal contention after an unsteady outing the previous day, Henriette Koch and Lene Sommer gave themselves the consolation of winning the Medal Race.

Series leaders Emmanuelle Rol and

Helene Defrance won the gold medal by 18 points, a dominant performance for such a tricky week's sailing. "The conditions were a little bit tough," said Rol, "but we enjoy racing in these conditions. I don't know if we understood the wind but we enjoyed it. Istanbul has been great."

Camille Lecointre and Mathilde Geron had been lying in silver medal position at the beginning of the medal race, but a poor first beat left them way back in last, and they only managed to overtake the Israeli team who retired after a prolonged capsize. This relegated the French team to 4th overall, with last year's European Champions Giulia Conti and Giovanna Micol (ITA) taking silver and Ingrid Petitjean and Nadege Douroux (FRA) taking bronze.

Earlier in the day the remainder of the 92 competing teams who had not qualified for the Medal Races, completed one final fleet race. Reigning Junior World and European Champions Sofian Bouvet and

Jeremie Mion (FRA) secured victory in the men's Silver fleet.

The prizegiving took place at the Istanbul Sailing Club, where the new men's 470 European Champion, Panagiotis Mantis predicted a night that would involve too much alcohol and not enough sleep. "And maybe when we get back to Greece we will break some plates!"

**Source: Andy Rice**



## EUROPEANS RESULTS

### MEN/MIXED

Pos	Nation	Crew
1	GRE	Panagiotis MANTIS/Pavlos KAGIALIS
2	ISR	Gideon KLIGER/Eran SELA
3	GBR	Luke PATIENCE/Stuart BITHELL
4	GRE	Panagiotis KAMPOURIDIS/Theodoros POLYCHRONIDIS
5	FRA	Pierre LEBOUCHER/Vincent GAROS
6	CRO	Sime FANTELA/Igor MARENIC
7	ESP	Onán BARREIROS RODRÍGUEZ/Aarón SARMIENTO PADILLA
8	FRA	Nicolas CHARBONNIER/Baptiste MEYER-DIEU
9	RUS	Mikhail SHEREMETIEV/Maxim SHEREMETIEV
10	NED	Steven LEFEVRE/Steven KROL

### WOMEN

Pos	Nation	Crew
1	FRA	Emmanuelle ROL/Hélène DEFRANCE
2	ITA	Giulia CONTI/Giovanna MICOL
3	FRA	Ingrid PETITJEAN/Nadege DOUROUX
4	FRA	Camille LECOINTRE/Mathilde GERON
5	DEN	Henriette KOCH/Lene SOMMER
6	AUT	Sylvia VOGL/Carolina FLATSCHER
7	EST	Marjaliisa UMB/Elise UMB
8	GBR	Sophie WEGUELIN/Sophie AINSWORTH
9	GBR	Hannah MILLS/Claire CUMMING
10	ISR	Gil COHEN/Dana MAMRIEV





Ingrid Petitjean  
and Nadège  
Douroux (FRA)



Mathew Belcher and  
Malcolm Page (AUS)

# Series Winners



**W**hilst anything could happen going into the final event of the 2009-2010 ISAF Sailing World Cup, the Skandia Sail for Gold Regatta in Weymouth, Great Britain, it was more likely that the battle for medals would be between the current top three in the World Cup standings.

## Women

Marseilles based Ingrid Petitjean and Nadège Douroux (FRA) held a slender one point lead going into Skandia Sail for Gold having claimed silver medals in Miami and Palma, and bronze in Medemblik.

The French pair arrived in Weymouth having just secured fourth at the 2010 470 World Championship, whilst their team-mates, Emmanuelle Rol and Hélène Defrance were hard on their heels and only one point back.

In third was Henriette Koch and Lene Sommer (DEN). All three teams counted points from just four regattas of the series, so needed a result in Weymouth to secure the optimum opportunity.

There was an outside chance of Sailing World Cup medals for four more very talented crews, but the top three had stolen a march on the rest of the field.

The French performance in Weymouth was also set to have a significant influence on the national battle between France and Great Britain for the overall nation trophy across the ten Olympic events.

And so predictions, whilst not always right were this time, despite none of the top three predictions achieving podium places from Skandia Sail for Gold. But past performance counts and for the 2009-2010 ISAF Sailing World Cup it was a French gold and silver with the Danes collecting the bronze.

## Men

Australians Mathew Belcher and Malcolm Page (AUS) had sailed themselves into an unassailable position, including two wins and two second places. Even if they failed to secure World Cup standing points in Weymouth, meaning they would finish outside the top 20 (which was most unlikely!) and take a 0 points score (which could then be discarded), they would instead count their 17 points from Palma, still securing them victory. Belcher and Page arrived in Weymouth having just sealed a 470 World Championship win, the fifth for Malcolm Page. Whilst they went into Skandia Sail for Gold victorious in the ISAF Sailing World Cup, the team were aiming to achieve victory in the Skandia Sail for Gold Regatta as well.

The chasing pack were left to battle for World Cup silver and bronze – with a few teams still in the hunt. Anton Dahlberg and Sebastian Östling (SWE) just stole the gold from the Australians on the finish line in the medal race in Miami. The Aussies reversed the positions in the previous regatta of the series in Kiel. Dahlberg and Ostling sailed in all regattas except Melbourne and have amassed 71 points overall.

The consistent French pairing of Pierre Leboucher and Vincent Garos had not finished out of the top six at all four Sailing World Cup regattas they sailed to record 67 points, only one point ahead of the 2007 and 2008 World Championship bronze medallists Gideon Kliger and Eran Sela of Israel.

But when it came to the crunch in Weymouth it was Leboucher and Garos who finished second in the Medal Race in Weymouth to secure the silver in the World Cup. Whilst Dahlberg and Ostling were nudged out of the Medal Race contenders, their previous results still delivered them the World Cup bronze medal.



**470 Achieves Top Continental Spread of Nations in 2009-2010 ISAF Sailing World Cup**

## THE OLYMPIC CLASS COMPARISON

Number of Nations in Final Top 20 Standings

Event	Continents	Nations
470 – Women	5	13
470 – Men	5	12
Laser Radial – Women	4	17
RSX – Men	4	15
Laser – Men	4	14
Star	4	12
RSX – Women	3	13
Finn	3	13
Match Women	3	13
49er	3	9



# 470 Stars Aim For Sailing's Biggest Award

**4** 70 stars Mat Belcher and Malcolm Page (AUS) and Lisa Westerhof and Lobke Berkhout (NED) were shortlisted for the 2010 ISAF Rolex World Sailor of the Year Awards in recognition of their outstanding achievements during the period of nomination, 1 September 2009 – 31 August 2010.

"Their nominations mark a sensational conclusion to the 2009-2010 Olympic class sailing season," said Stanislav Kassarov, 470 Class President. "Both 470 teams have displayed enormous talent and ability and it is due credit to the sailors that they have been shortlisted for the prestigious ISAF Rolex World Sailor of the Year Awards."

## Mat Belcher and Malcolm Page (AUS)

A phenomenal year for the Australian team of Mat Belcher and Malcolm Page (AUS) saw many triumphs in 2010, including winning the 2009-2010 ISAF Sailing World Cup, the 2010 470 World Championship, several individual World Cup and Grade 1, 2 and 3 events and climbing from #43 to #1 in the ISAF World Rankings during the nomination period.

"The names of sailing legends are on the ISAF Rolex World Sailor of the Year Award Trophy, and Mat and Malcolm deserve to be added to this accolade of the world's best. Not only has their performance been outstanding during the period of nomination, they have delivered consistently at a world-class level for many years," said Stanislav Kassarov, 470 Class President.

They have competed in twelve international 470 events during the period of nomination, and their 2009-2010 ISAF Sailing World Cup season opened with Sail Melbourne, where against many of the world's best 470 teams, they won every single race to seal gold perfectly.

Next stop Rolex Miami OCR where they finished second, before it was on to Europe and the Trofeo SAR Princesa Sofia MAPFRE 2010 for a fourth place, which saw Malcolm racing on his honeymoon. Semaine Olympique Française gave Mat a sixth place finish with substitute crew Will Ryan. It was then back to the Mat and Malcolm partnership for a silver medal at Delta Lloyd Regatta, then to Kieler Woche and a gold medal podium place. Their performance at Kieler Woche was exceptional, winning four of the five races and securing the ISAF Sailing World Cup title with an event to spare.

At the 470 World Championships, Belcher and Page opened their claim on



Mat and Malcolm with 2010 470 World Championship Trophies

the Championship title by winning all three races on the first day of racing. They secured two more bullets in the 12-race series and won by a 21-point margin for another pair of gold medals. A priceless performance.

Back to the final event of the ISAF Sailing World Cup, the Skandia Sail for Gold Regatta and the challenging conditions of the 2012 Olympic venue, where they delivered another silver medal for their event finish, and were presented with the 2009-2010 ISAF Sailing World Cup Trophy.

**They are truly talented sailors and have had an outstanding year**

A few days later, their outstanding year was further rewarded when they became the #1 ISAF ranked 470 team in the world, up from #43 within one year.

Between these events, there were other 470 events contested including the ISAF Graded Sail Sydney – Gold, ISAF Graded 470 Australian National Championships – Gold, ISAF Graded International 470 Spring Cup – Gold – and they both married their long-term partners.

Malcolm Page has won four 470 World Championships, an ISAF World Championship, an Olympic gold medal, and national sailor of the year awards before.

"Our focus throughout the year was on improving our performance and winning this year's 470 World Championship," said Page. "We never thought about the World Sailor of the Year award until we looked back on the year after having won the World Championship."

"Both of us were astonished about how well we got on together from the outset," said Belcher. "We owe a lot to Victor (Kovalenko). He has been working with both of us for over a decade now and he laid out a plan to peak for the 2012 Olympics and the 2010 470 Worlds."

"Watching Mat and Malcolm perform is like watching virtuosos perform," said Victor Kovalenko, Australian Sailing Team Head Coach and 470 Coach. "They are truly talented sailors and have had an outstanding year."

[www.belcherpage2012.com](http://www.belcherpage2012.com)

## Lisa Westerhof and Lobke Berkhout (NED)

Since pairing up after the 2008 Olympic Games, where Lobke secured a silver medal with previous helm Marcelien de Koning, the new partnership has gone from strength to strength. Both accomplished 470 sailors, either together or with different partners they have stood on the podium at the 470 World Championships 6 times over the past nine years, and have two Olympic appearances



**It is a great honour to be nominated for this award**

Gold Medal secured

from 2004 and 2008 between them.

Commenting on the news, Stanislav Kassarov, 470 Class President, said, "Lisa and Lobke have displayed outstanding consistency and performance delivery since teaming up together. To win the 470 World Championships over two consecutive years is a fantastic achievement."

Lisa Westerhof and Lobke Berkhout make a formidable team and although they may not have a long history sailing together they have a talent to make it count when it matters. Teaming up in May 2009, the goal for this team is Olympic gold in 2012.

Westerhof and Berkhout kicked off the nomination period with a win at the 2009 Skandia Sail for Gold before going on to sail at five of the 2009-2010 ISAF Sailing World Cup regattas. Their best World Cup performance was on home waters at Delta Lloyd Regatta where they won the silver medal in May.

The main target for this team in 2010 was the 470 World Championships at The Hague. The defending champions were set to make history if they could take home another gold medal and in a regatta that threw extreme conditions at the sailors, they showed their class. Going into the Medal Race one point behind the leaders, Westerhof and Berkhout sailed a tactical race to secure their gold medal. Two world titles for Westerhof is an exceptional achievement and the 2010 win for Berkhout

makes her the most successful 470 sailor in the history of the class with five world titles.

Westerhof combines her sailing career with her professional career as an airline pilot, while Berkhout is dedicated to the future of the sport, working with children around the world to inspire them to take up sailing. Berkhout will be the star attraction at the India International Regatta taking place in October 2010, where she will be a role-model for children who are learning to sail.

Lobke is a five-time 470 World Champion, having won the 2009 and 2010 Worlds with Lisa, and the 2005, 2006 and 2007 Worlds with Marcelien de Koning.

Speaking on her nomination, Lobke said, "It is a great honour to be nominated for this award. Sailing is such a big and diverse sport around the world, it is an honour to be one of those selected who have achieved something extraordinary in our sport."

[www.olympicseycatchers.com](http://www.olympicseycatchers.com)

## The Winners

The winners will be announced at the ISAF Rolex World Sailor of the Year Awards presentation and dinner, which will take place on Tuesday 9 November 2010, Athens, Greece.

Each winner will be presented with the prestigious ISAF Rolex World Sailor of the Year Award Trophy and a distinctive Rolex timepiece.

## PAST 470 WINNERS

Over the past 15 years, since the launch of the ISAF Rolex World Sailor of the Year Awards in 1994, 470 sailors have regularly been nominated for this prestigious award in recognition of outstanding achievement, and have been awarded the title four times:

**1994** – Theresa Zabell (ESP) – in recognition of her successive wins during 1995 in the 470 Class and domination in the number one position on the ISAF World Rankings.

**1997** – Ruslana Taran and Elena Pakholchik (UKR) – in recognition of their successes in the 470, winning almost all top level Olympic Class events in 1997, including four out of the five ISAF Grade 1 events and the 1997 470 World Championships.

**2002** – Sofia Bekatorou and Emilia Tsoulfa (GRE) – domination in the 470 Class winning every ISAF Grade 1 and Grade 2 event they entered in the twelve month achievement period, leading the ISAF World Rankings and successfully defending their World and European Championship titles for the third successive year.



**2004** – Sofia Bekatorou and Emilia Tsoulfa (GRE) – outstanding Gold medal winning performance at the 2004 Olympic Sailing Competition, winning the gold medal with a race to spare and winning 5 of the 10 races they contested.

**More Information:**  
[www.sailing.org/worldsailor](http://www.sailing.org/worldsailor)



# Bouvet/Mion (FRA) Win With 11 Race Wins

**T**he 2010 470 Junior European Championships were held together with the 420 Junior European Championships from 12-20 August 2010 in La Rochelle, France.

Limited to sailors aged 21 or under, many of last year's top-performing teams from the 2009 Junior Europeans were back to fight for the 2010 title, including the defending champions in the men/mixed and women's fleets. They were all a year older and wiser, and so the competition was set to be even tougher than last year's championship on Lake Balaton, Hungary.

Numbers for the 470 Junior European Championship were down a little from 2009 due to the clash of dates with Skandia Sail

for Gold Regatta. However, the fact that leading competitors in the junior 470 fleet chose to come to La Rochelle shows how seriously the sailors take this Championship. Some competitors took advantage of a pre-Championship racing clinic being run by the 470 Class from 9-12 August, to help get sailors up to speed before the main event.

With a total of 86 boats from 22 nations in the fleet, the battle in qualifying was to make it into the top 43, ensuring a place in the Gold Fleet finals.

The Qualifying series gave six wins from six races for Sofian Bouvet and Jérémie Mion (FRA) who dominated the opposition in the 470 Junior European Championships. In the girls' fleet, 2008 Junior European

Champions Bochmann and Lorenz were just one of four girls' team to make the cut, so it then became a game of musical chairs to work out which three women's teams would win medals and who would be left with nothing.

Move forward to the final day and with the wind refusing to come out to play in La Rochelle until mid-afternoon, the Gold and Silver Fleets were unable to complete the final race of their championship. However they could at least come in to watch the top 10 in the Medal Race do battle on the internet, thanks to the GPS tracking.

For those watching, both online and on the water, it was hard to imagine that series leaders Sofian Bouvet and Jérémie Mion would be able to win the Medal Race after a mediocre first upwind leg. They were languishing in the back half of the pack in the early stages, although they waited patiently for their moment to pounce. "We were quite far back in the Medal Race," said Mion, "but it was three laps, so we knew we had time to climb."

So it proved, with Bouvet and Mion's silky-smooth crew work in the Force 2 conditions playing to their strengths. Inevitably the reigning World and Junior European Champions moved into the lead on the second run and consolidated to win the Medal Race, their eleventh race win from the 12 race series.

"We hoped to win this regatta," said Mion, "but we never thought we could win like this. It is unbelievable."

Tim Elsner, who with Oliver Szymanski, won the silver medal, paid tribute to the champions. "Their performance was incredible. They deserve their victory, and one day I think we can expect to see them competing in the Olympic Games."

When it came to the crunch, it was 10 metres which decided who would win the bronze medal in the men's/mixed fleet and who would win leather. Leather, a kind way of saying 'nothing', the dreaded fourth place for which there is no room on the podium.

Moving ahead on the final lap of the Medal Race, Daniel Zepuntke and Dustin Baldewein (GER) edged out local La Rochelle team, Kevin Peponnet and Julien Lebrun, crossing two boat lengths ahead of the French. The two teams finished equal on overall points but that superior Medal Race finish earned bronze for the Germans.

With no further racing for the rest of



Sofian Bouvet and Jérémie Mion (FRA)

**Competitive**  
"The 470 offers the best all-round racing that's possible. They're very technical and tactical boats and that's because of the quality of sailors in the fleet. At this year's Worlds, the top 20 came from 18 different nations in the men's 470. That's a lot of talent spread around the world, and that's something the 470 class can be proud of."

the 86 boats in the 470 fleet and with no women's teams making it into the Medal Race top 10, Annika Bochmann and Anika Lorenz won back the girls' 470 Junior European title they won in 2008. Former Volvo ISAF Youth World Champion Frances Peters with crew Eilidh McIntyre won silver for Great Britain, with the 2009 Junior European champions Victoria Jurczok and Josephine Bach of Germany taking bronze.

Source: Andy Rice



470 girls' medallists



Tim Elsner and Oliver Szymanski (GER)

## JUNIOR RESULTS

### MEN/MIXED

Pos	Nation	Crew
1	FRA	Sofian BOUVET/Jeremie MION
2	GER	Tim ELSNER/Oliver SZYMANSKI
3	GER	Daniel ZEPUNTKE/Dustin BALDEWEIN
4	FRA	Kevin PEPONNET/Julien LEBRUN
5	NED	Dirk BENNEN/Remy OOMENS
6	FRA	Sacha PELISSON/Nicolas ROSSI
7	GRE	Adonis TSIBOUKELIS/George KARONIS
8	GRE	Fanis KAVAS/John ORFANOS
9	GRE	Michalis STAVROU/Stathis PAPADOPOULOS
10	ITA	Simon SIVITZ KOSUTA/Jas FARNETI

### WOMEN

Pos	Nation	Crew
1	GER	Annika BOCHMANN/Anika LORENZ
2	GBR	Frances PETERS/Eidh MCINTYRE
3	GER	Victoria JURCZOK/Josephine BACH
4	GER	Lisa PANUSCHKA/Esther SCHWICH
5	NED	Rosita BAKKER/Jeske KISTERS
6	ITA	Camilla MARINO/Anna-Gracia MALVENTI
7	UKR	Anna KYSELOVA/Liubov CHUNIKHOVSKA
8	ESP	Elia BORREGO/Nora BRUGMAN
9	RUS	Anna PIROGOVA/Irina EROHINA
10	GER	Johanna CLAUS/Anna BACH



# 18 Future 470 Championships



## 2011 And Beyond

**O**ur 2011 Championship seasons opens in Helsinki, Finland with the Open European Championships, combined with the other Olympic Classes.

We then move to The Netherlands and the renowned International Sailing Centre in Medemblik where our junior sailors will be challenged.

Next stop for the Juniors is Nieuwpoort, Belgium, where our 470 Junior European Championships will be held at the same time as the 420 European Championships – which is always a great event and supports the transition from 420 to 470.

The more senior in the 470 fleet will enjoy their racing at the 470 Masters' Cup in Lignano Sabbiadoro, Italy.

2011 wraps up with the final and premiere event in the calendar, the 2011

470 World Championships in Perth, Australia – which will be the first Olympic Qualification event.

### 2012

Staying in the Southern Hemisphere, the scheduling of the 2012 470 Junior Worlds Championships is geared to link into the 2011 470 Worlds in Perth, Australia.

This will enable crews to more easily travel and charter boats used in Perth to be shipped to New Zealand.

Back to Europe for one of the final indicators of form prior to the 2012 Olympic Games, with the 2012 470 Worlds in Barcelona, Spain. Being held at a uniquely designed

sailing venue with onsite accommodation – this is going to be a fantastic event. The 2012 Worlds also marks the final chance to secure qualification places for the 2012 Olympic Games.

As the Olympics looms closer, the 470 Europeans will be held on UK waters in Largs – preparing the sailors for the slightly colder climate they will expect for the Olympics.

Moving to more central Europe and combined with the 420 Class Europeans, the 2012 470 Open Junior European Championships will be at the highly renowned venue of Lake Garda, Italy, where we can expect a packed entry list of young 470 stars.

### Youthful

"Whilst the 470 has a heritage of almost 50 years, it continues to prove itself as a youthful class, both in encompassing the latest technology in build and design and in the youth sailors the class attracts."

#### 6-15 July

2011 470 Open European Championships, Helsinki, Finland

#### 20-28 July

2011 470 Junior World Championships – Medemblik, Netherlands

#### 25-29 July

2011 Masters Cup, Lignano Sabbiadoro, Italy

#### 7-15 August

2011 470 Open Junior European Championships – Nieuwpoort, Belgium

#### 3-18 December

2011 ISAF Sailing World Championships, Perth, Australia

#### January

2012 470 Junior World Championships, Auckland, New Zealand

#### 10-19 May

2012 470 World Championships, Barcelona, Spain

#### 25 June – 4 July

2012 470 Open European Championships, Largs, Great Britain

#### August

2012 470 Open Junior European Championships, Riva del Garda, Italy



## 470 Major Events Calendar

**January**

- 23-29 Jan US SAILING's Rolex Miami OCR  
Miami (USA)  
29-31 Jan New Zealand 470 National Championships  
Auckland (NZL)

**February**

- 2-6 Feb Sail Auckland Regatta  
Auckland (NZL)  
15-19 Feb Sail the Gulf  
Doha (QAT)  
tbc International Carnival Regatta  
Vilamoura (POR)

**March**

- tbc Alexander The Great Cup  
Thessaloniki (GRE)  
tbc Barcelona Olympic Sailing Week  
Barcelona (ESP)  
8-12 Mar 470 Australian National Championship  
Manly (AUS)  
16-20 Mar Split Olympic Sailing Week  
Split (CRO)  
21-25 Mar Athens Eurolymp Week  
Athens (GRE)

**April**

- tbc Izola Spring Cup  
Izola (SLO)  
2-9 Apr Trofeo SAR Princess Sofia MAPFRE  
Palma de Majorca (ESP)  
13-18 Apr International 470 Spring Cup  
Les Sablettes at Le-Seyne-sur-Mer (FRA)  
16-17 Apr United 4 (I)  
Medemblik (NED)  
22-29 Apr Semaine Olympique Francaise  
Hyeres (FRA)  
30 Apr – 1 May United 4 (II)  
Workum (NED)

**May**

- 4-8 May Regatta Port Bourgas – Bourgas Sailing Week  
Port of Bourgas (BUL)  
11-15 May Expert Olympic Garda - Eurolymp  
Riva del Garda (ITA)  
24-29 May Delta Lloyd Regatta  
Medemblik (NED)

**June**

- 5-11 Jun Skandia Sail For Gold Regatta  
Weymouth & Portland (GBR)  
11-13 Jun Young Europeans Sailing – Pfingstbusch  
Kiel (GER)  
18-26 Jun Kieler Woche  
Kiel (GER)  
30 Jun – 17 Jul Open Europeans in Olympic Sailing Classes  
Helsinki (FIN)

**July**

- 2-10 Jul Warnemunder Woche  
Warnemunder (GER)  
4-17 Jul **470 European Championships**  
Helsinki (FIN)

**July continued...**

- 13-16 Jul Intervela  
Riva del Garda (ITA)  
20-28 Jul **Junior 470 World Championships**  
Medemblik (NED)  
20-28 Jul **Junior Women's 470 World Championships**  
Medemblik (NED)  
22-31 Jul Travemunder Woche  
Travemunder (GER)  
25-29 Jul **470 Master's Cup**  
Lignano Sabbiadoro (ITA)

**August**

- 1-14 Aug London Olympic Games Test Event  
Weymouth and Portland (GBR)  
7-15 Aug **Open Junior 470 European Championships**  
Nieuwpoort (BEL)  
15-21 Aug Summer Universiade Games  
Shenzhen (CHN)  
17-21 Aug President's Cup Istanbul Races  
Istanbul (TUR)  
22-27 Aug Austrian Youth Championship  
Neusiedl am See (AUT)  
25-28 Aug Djerdap Cup  
Donji Milanovac (SRB)

**September**

- 4-26 Sep Grand Prix Internacional "Luis Alberto Cerrato"  
Buenos Aires (ARG)  
10-11 Sep United 4 (III)  
Workum (NED)  
16-18 Sep Delta Lloyd Open Dutch Sailing Championships  
Medemblik (NED)  
24-25 Sep United 4 (IV)  
Kamperland (NED)

**October**

- 1-2 Oct KSS Olympic Classes Regatta  
Stockholm (SWE)  
5-9 Oct Swiss National 470 Championships  
Lake Zurich (SUI)  
8-16 Oct Semana de Buenos Aires  
Buenos Aires (ARG)  
20-24 Oct Egypt International Regatta  
Alexandria (EGY)  
20-23 Oct Wakayama International Regatta  
Wakayama (JPN)  
21-23 Oct Zemun Cup  
Zemun (SRB)  
28-30 Oct Enoshima Olympic Week  
Enoshima (JPN)

**November**

- 18-20 Nov Cup Opatija  
Opatija (CRO)

**December**

- 3-12 Dec **Perth 2011 ISAF Sailing World Championships**  
Perth (AUS)  
4-18 Dec Semana Olimpica Canaria De Vela  
Las Palmas de Gran Canaria (ESP)  
17-22 Dec Palamos Christmas Race  
Palamos (ESP)

This is the 2011 "Provisional" 470 Major Events Calendar – check [www.470.org](http://www.470.org) for the latest updates and complete 2011 Calendar





## HUNTING for Olympic Gold

**M**artine Grael has been in the limelight quite a bit. The daughter of Torben Grael, the 2009 ISAF Rolex World Sailor of the Year and the winning skipper of the 2008-09 Volvo Ocean Race and five-time Olympic medallist and America's Cup sailor, Martine made the news quite a bit herself last year. Then 18, she won the Girls 420 event at the 2009 Volvo Youth Sailing ISAF World Championship in Buzios, Brazil. None other than her father presented her with her first World Championship Trophy. Martine further contributed to the family sailing history when she reunited with her friend, Daniela Adler to place fourth in the Open 420 World Championship last year. And then in September 2009, Martine made the natural next step to the 470. Sailing is the number one Olympic sport in Brazil in terms of medals won and a passion for sailing courses through the veins of the Grael family.

Martine's 470 crew, Isabel Swan turns heads everywhere she goes. The Brazilian model has appeared in magazines, TV shows, runways and even stood on the podium at the 2008 Olympics to collect a bronze medal in the Women's 470 event. Well known in Brazil, Swan was part of the

delegation that helped persuade the world that Rio should host the 2016 Olympics.

What happened when Grael and Swan met for lunch last year? Well, the two inspirational and famous Brazilian women teamed up for a 470 Olympic campaign, of course.

**This is the year to learn from our mistakes and improve, and we are always improving**

Martine Grael and Isabel Swan have competed on three continents so far this year. They warmed up for the international circuit during Brazil's pre-Olympic Regatta and then were but one step from a podium finish at their first international regatta together, the 2010 470 North Americans. The new team immediately transitioned to ISAF's World Cup circuit at US Sailing's Rolex Miami Olympic Classes Regatta and then flew to Europe to train and sail in the World Cup events.

It was then on to Martine's first 470 World Championships in The Hague, Holland, where she admitted, "There is some pressure, other people saying 'you're Torben's daughter. But I have to forget

about it."

Continued an enthusiastic Grael, "Isabel and I are indeed very motivated. Results are not our goal this year. This is the year to learn from our mistakes and improve, and we are always improving."

The women are keen, as Grael explained, "We try to do our best to show that we are not just a new team, but a team which is improving and is steadily fighting toward their goal!" They were rewarded with a seventh at the World Championship, certainly a confidence builder for the dynamic duo during their first year of sailing together.

Watch out! Brazilian sailors have earned more Olympic medals than Brazil has earned in any other sport. Swan has one and the Grael family has a treasure chest full of world championship and Olympic medals. No doubt that Martine would like to continue contributing to the wealth.

As they take their Olympic campaign one step at a time, Grael and Swan's biggest hurdle to overcome in getting to the 2012 Olympics will come from Fernanda Oliveira, who shared the 2008 Olympic podium with Swan and is now competing with crew Ana Ruiza Barbachan.

**Source: Lynn Fitzpatrick**

With thanks to our photographic contributions from: Thom Touw, Francois Richard, Coskun Aydin, Victor Kovalenko, Pedro Rodrigues, Getty Images, Dave Kneale/Volvo Ocean Race